



Shri Hurakadli Ajja Shikshana Samiti's



Smt. K. S. Jigalur Arts & Dr. (Smt) S. M. Sheshgiri

Commerce College for Women,

Near R. N. Shetty Stadium, Dharwad

List of Activities relating Cross Cutting Issues - Gender, Environment and Sustainability, Human Values and Professional Ethics in the Curriculum

Sl.No	List of Activities	Date
01	Celebration of Vanamahotsava	05/06/2016
02	Celebration of International Yoga Day	21/06/2016
03	International Medicinal Plants Day	04/08/2016
04	Celebration of Independence Day	15/08/2016
05	Celebration of Sadbhavana Divas & Oath taking	20/08/2016
06	Awareness Programme on First AID	22/09/2016
07	Programme on Challenges of Women organized in association with AIMSS	14/09/2016
08	Campus Cleaning and Road patching On Account of Swacha Bharat Pakwad	2016-2017
09	Celebration of National Girl Child Day	24/01/2017
10	International Women's Day	08/03/2017
11	Vanamahotsava	05/06/2017
12	International Yoga Day	21/06/2017
13	Celebration of Independence Day	15/08/2017
14	Celebration of Teachers Day	05/09/2017
15	Celebration of Ghandhi & Lal Bahaddur Jayanati	02/10/2017
16	Visit to Old Age Home on account of NSS Day	24/09/2017
17	Health Awareness Programme on Sustainable Period	20/09/2017
18	Quiz Competition on AIDS & Blood Donation	06/02/2017
19	Programme on Challenges of Women organized in association with AIMSS	20/02/2017
20	International Yoga Day	21/06/2018
21	World population Day	17/07/2018
22	Problems of Adolescent Girls	08/08/2018
23	Celebration of National Integration Day	20/08/2018
24	Program on LIFE SKILLS & Personality Development	23/08/2018
25	Relief fund collected for Kodagu and Kerala people	04/09/2018
26	Celebration of Rashtriya Ekta Divas/ National unity Day	31/10/2018
27	Eye Check up for Villagers at our adopted Village	At NSS Camp 2018-19
28	Programme on Women & Health/ Women related Issues	



29	Swachha Bharat Abiyaan-Construction of Toilet Street Play on SWCHCHA Bharat	3 rd July to 19 th July 2018
30	Celebration of National youth Day/Week	12/01/2019
31	Voters Awareness Programme	25/01/2019
32	Blood Group Test Camp	02/02/2019
33	Blood Donation Camp	25/02/2019
34	Workshop and Mehandi Competition to create voters awareness	09/04/2019
35	International Yoga Day	21/06/2019
36	Kargil Vijaya Divas	26/07/2019
37	Personality Development Skills	24/08/2019
38	Visit to School for Special Children	05/10/2019
39	Programme on Women Health	17/01/2020
40	Awareness Programme on ban of Single use Plastic	03/03/2020
41	Covid Awareness, Sensitization and Mask distribution	11/03/2020
42	Program on Consumer Awareness	15/03/20
43	Mask stitching and Distribution	June 2020
44	Voilence Against Women & Women Issues in India	29/10/2020
45	Workshop on Women Health	15 th & 16 th /01/2021
46	Special Program on Beti Bachao and Beti Padhao	31/08/2021
47	Covid 19 and Women Health on account of International Women's Day	08/03/2021
48	Self Defence Training	6 th - 30 th Sept 2021
49	A Special Lecture by our Alumni on Women Rights	01/09/2021
50	Workshop on Voters Awareness Programme	25/08/2021



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PLANTATION ON ACCOUNT OF VANAMAHOTSAVA
05/06/2016



Volunteers planting a sapling along with staff of the College

On account of World Environment Day every year we organize Vanamahotsava, i.e. planting of saplings in and around the college campus. Several useful plants are planted on this day.

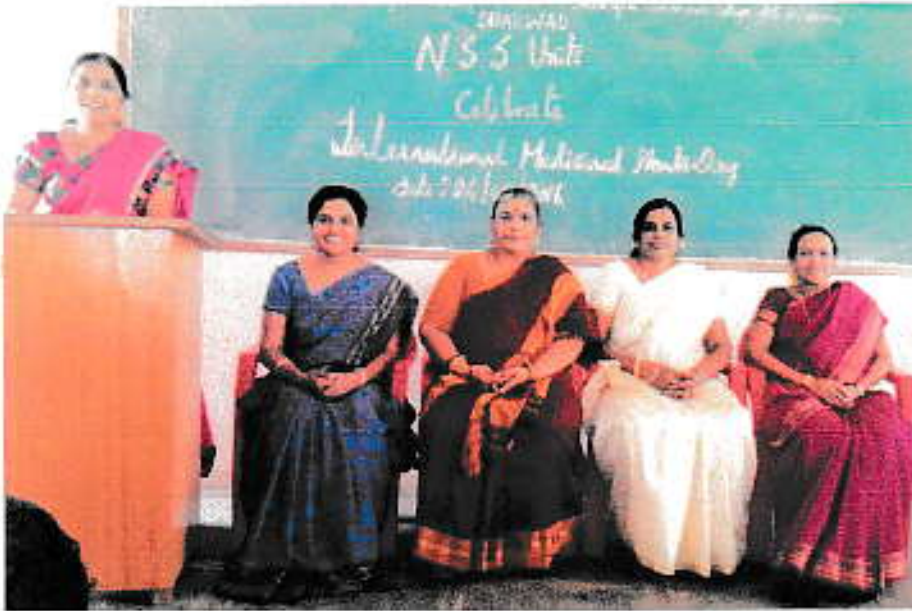

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INTERNATIONAL MEDICINAL PLANTS DAY

04/08/2016



International Medicinal Plants day was celebrated by the two NSS Units on 04/08/2016. Dr. Nirmala M. Hiregoudar, NSS program Officer of Unit I, spoke on several use of medicinal plants.

On this occasion after the function we planted a plant of Alovera,



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REPORT OF
**A PROGRAMME ON "EDUCATION, EMPLOYMENT & HEALTH TO WORDS
 WOMEN"** ORGANIZED BY PROGRESSIVE WOMEN'S ASSOCIATION IN
 COLLABORATION WITH ALL INDIA MAHILA SAMSKRITIKA
 SANGHATANE, DHARWAD ON 20/02/2017



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AIMSS State Vice President M.N. Manjula was the Resource Person of the programme. She said in her speech, women should be empowered to take decision independently with regard to education and employment. She said, students should be aware of the modern life because now a days, stress has become the the part and parcel of the modern life. Students should maintain their physical, mental, spiritual and social health by practicing Yoga, Meditation & Stress reduction techniques, self discipline, Teamwork skills and by Communication Skill. Comunication Skill is the key of social health.


The District Vice President of AIMSS Smt. Bhuvana told about the aims and objectives of the AIMSS.

Smt. Shobha S.Sajjan, welcomed and introduced the guests.

Dr. Rajeshwari V.Sali, Principal, presided over the function.

Student secretaries Soujanya and Smruti worked for the function.


The programme concluded with vote of thanks.


Smt. Shobha S.Sajjan
Convener


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~~Prof. S. D. Jagan, Lecturer, Govt. College, Dharwad, Dist. Dharwad~~




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CELEBRATION OF GANDHI JAYANTI

ON 2ND OCTOBER



Every year on account of Gandhi Jayanthi our College has a rich tradition of doing 'Sarva Dharma Prayer' which emphasizes the Unity of All Religion. We have a healthy practice of reciting some chapters from 'Bhagvad Geeta, Bible and Quran on this occasion.

N.S.S.Programme Officer
Prof. Shanta Patilkulkarni
explaining the importance of
'Sarva Dharma Prayer' on the
occasion of 'Gandhi Jayanthi'
Our volunteers presented
favourite bhajans like
'Raghupati Raghava Raja
Ram, Vaishnav Jana To Tene'
etc.



Shanta Patil
N.S.S. prog. officer



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CELEBRATION OF SADBHAVANA DAY

20th August



Every year on 20th August Sadbhavana Day is celebrated. The Previous NSS Officer, Dr. Sadhana Mathad was the chief guest. Speaking on the observation of the day, she said that the day is observed to encourage national integration, peace, affection and communal harmony among the Indian people of all religions. Sadbhava in English means goodwill.

The day is observed as National Integration day on August 20th. The day commemorates the memory of our late erstwhile Prime Minister, Rajiv Gandhi.

Sadhana Mathad
NSS Officer

Students taking Oath



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CELEBRATION OF RASHTRIYA EKTA DIWAS
31ST OCTOBER



Rashtriya Ekta Divas(National unity Day) is celebrated on 31st October Every year since 2014 to mark the birth anniversary of Sardar Vallabhbhai Patel – the man who played an important role in the unification of

India. Dr. Girija Yabannavar was the chief guest. She motivated the students by explaining about the Iron Man of India, Sardar Vallabhbhai Patel.

Prof. Shanta Patil Kulkarni, NSS Officer of Unit II spoke on the importance of the day and the reason behind the celebration.



Shanta Patil
 NSS officer



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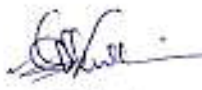
SWACHCHA BHARAT PAKWAAD- 2016-17




The Volunteers cleaned the college campus on account of SWACHCHA BHARAT PAKWAAD



The Volunteers repaired the college road which was damaged due to heavy rains.


N.C.C Officer




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CELEBRATION OF NATIONAL GIRL CHILD DAY
24/01/2017



National Girl Child Day was organized on 24/01/2017 in association with Nehru Yuva Kendra, Dhawad. The chief guest Mr. Shankar Halagatti, spoke on the importance of Girl Children in one's life. He said that life itself is incomplete without women. In the present scenario, lots of problems are being faced by girl children as she is considered a weaker sex. Eve-teasing, rape, harassment, dowry deaths etc have become very common. A team from Nehru Yuva Kendra presented drama on 'The Harassment inflicted on Girl Children' CVCD presented Folk songs on 'save the girl child'. The program was jointly organized by Central Music and dance Academy, Central Government, News bearu, Nehru Yuva Kendra and our college.



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SPECIAL LECTURE PROGRAMME ON
SUSTAINABLE MENSTRUATION FOR GIRLS

20/09/2017



On 20/09/2017, in association with Students Welfare Association, NSS organized Health Awareness Programme on "Sustainable Menstuation" for girls. The Programmed was anchored by Kum. Joshna H

The Resource Person was Dr. Meenaxi Bharat, Gynecologist from Bangalore. Speaking on the topic she said that instead of using sanitary pads the girls can use the safe and hygienic cups, which are available in medical shops. Dr. Sanjeev Kulkarni, another resource person from Tavarageri nursing home, Dharwad, felt sorry for the pain that a girl/woman experiences during her menstrual period but he said that a girl/woman is blessed that she alone can bore the child for which she must be thankful to God.



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CELEBRATION OF NSS DAY

24/09/2018



Every year NSS Day is observed on 24th September. On this day the NSS Programme Officers along with NSS Volunteers organize several programmes like visiting Old Age Home, planting trees, organizing workshops etc.



In 2018 the Programme Officers visited Anandashrama, an Old age home near Dharwad at Salakinakoppa. The Volunteers entertained the inmates and gave some colourful cultural programs to make the old age people happy.

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CELEBRATION OF WORLD POPULATION DAY
17/07/2018



Smt. Sevanti Kamble, NSS Programme Officer Welcoming the Chief Guest

World Population Day was organized on 17th July 2018 by NSS units and the department of Social Science. The Chief Guest was Dr. R.C. Hiremath, Head, Department of Political Science, Nehru Arts and Commerce College, Hubli. Addressing the students he said the day aims at focusing people's attention towards population issues and how it affects the overall growth and development plans and progress of the country and the day aims at finding solution to issues related to growing population.

Sevanti Kamble

NSS Prog. Officer



Sevanti Kamble

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AWARENESS OF LIFE SKILLS & PERSONALITY DEVELOPMENT

23/08/2018



Shri Parshwanath Parishwad, Yuva Parivartak, giving awareness on Life Skills

On 23/08/2018, a programme on Awareness of life Skills and Personality Development was organized. Shri Raju Vithal Hajeri and Mr Parshwanath Parishwad were resource persons. Shri Raju Hajeri, addressing the students said that character is very important for the personality of girl students. Demonstrating the moral values and taking the examples of great women personalities like Sudha Murthy, Rani Kittur Channamma and others he said that girls should always be brave and strong both physically and mentally. Mr. Parshwanath also gave brief introduction to the life skills that everybody should learn to be healthy and happy.

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Smt.Kallawwa Shivappanna Jigalur Arts &Dr. (Smt) Sushila Murigeppa
Sheshgiri Commerce College for Women, Dharwad
National Service Scheme
Blood Donation Camp
On
25/02/2019**



Objectives:

- To create awareness about the use of Blood Donation among students
- To motivate the students to donate blood

Blood Donation camp was organized by the Units of NSS on 25th February, 2019 by inviting Indian Red Cross Society, Dharwad, Hubli-Dharwad Hemophilia Society's Women's Wing. Addressing the volunteers Dr. V.D. Karpurmath, Head of Indian Red Cross Society inspired and motivated the students to donate blood, He also said that you can have the happiness of saving others life by donating blood. 20 students donated blood.

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SWACHHA BHARAT SUMMER INTERNSHIP PROGRAMME - 2018-19



Volunteers enacting street play to create awareness among the villagers about the importance of toilets and the use of toilets.



SWACHHA BHARAT SUMMER INTERNSHIP PROGRAMME -2018-19

Street play by Volunteers

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DEPARTMENT OF PHYSICAL EDUCATION

Title of Activity: Blood Group Test Camp

Date and Venue: 2nd February 2019, College Premises

Description of Event: On 2nd February 2019, Department of Physical Education, Red Cross, Progressive Women's Association and NSS Units of our college in collaboration with B.D.Jatti Homeopathic Medical College and Hospital, a **Blood Group Test Camp** for the college students, staff and to the public was held at the college. The students, staff members and the surrounding community were benefited by the programme.



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COLLECTION OF FLOOD RELIEF FUND

04-09-2018



Permission to collect the flood relief fund was taken on 29-08-2018 from the District Authority. Principal Dr. Nirmala Hiregour inaugurated the camp by donating her contribution

Volunteers of both NSS Units collected flood relief fund to help the flood affected people of Kodagu and Kerala. Rs. 33571/- was collected from faculty, students and public. The amount was deposited to the Chief Ministers Relief Fund Natural Calamity 2018 on 04/09/2018.



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COMMUNITY SERVICE AND EXTENSION ACTIVITIES CELL
VISITED MAMTA SCHOOL, DHARWAD
On 5th October, 2019 - Saturday

26 lead students of our college visited Mamta School for special children, Dharwad. Students had given the different cultural programmes like song, jokes, one act play etc. Our college students distributed the Books, Penns and Cakes to the special children of Mamta School for special children, Dharwad.



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FREE EYE CHECK UP FOR PUBLIC

NSS SPECIAL CAMP- 2018-19



Doctors from M.M.Joshi Eye Hospital Checking the Patients

Free Eye Check up camp was organized by the NSS units & Giri Foundation in association with M.M.Joshi Eye Hospital, Dharwad in our NSS special camp at Devarahuballi for the year 2018-19. Around 89 villagers took the benefit of the camp. The villagers who have cataract problem were later asked to visit the Joshi hospital for the operation.

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WORKSHOP ON LIFE SKILLS

24/09/2019



A workshop on *Life Skills* was organized by NSS Units on 24/09/2019. Mr. Parshwanath Parishwad, Youth leader from Yuva Spandana was the resource person. Addressing the students on the topic, Mr. Parishwad said

that, Life skills training bring positive personal and societal transformation among youth. For the overall development of our personality, role of life skills is very essential.

He explained with examples the way of Managing emotions, Creative thinking, Decision making, Problem Solving, Coping with Stress and to have Good Communication and Inter personal Skills. NSS Volunteers actively participated in the workshop.



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NATIONAL SERVICE SCHEME (NSS) UNIT - I & II



Title of Activity: World Yoga Day (Zoom App)

Date and Venue: 21st June, 2020 Online through Zoom App

Description of Event: On 21st June, 2020 NSS units and Sports Department of our college organized 6th International Yoga Day during COVID-19 on ZOOM meeting. Principal, Dr. Girija M. Yabannavar, welcome the Chief Guest. Programme Officer Unit-I Dr. Rajeshwari M. Shettar, gave the introductory speech. Chief guest Shri Manjunath Jadar, Physical Director demonstrated *asanas* and explained Yama, Niyama, Asana, Pratayama, Pratyhara, Dharana, Dhayana, Samadhi, Bandhas and Mudras. Satakarma Smt. Shakuntala S. Biradar, Programme Officer Unit-II gave the vote of thanks. In this COVID-19 Pandemic situation, it is necessary to maintain social distancing and online meeting technology helped in conducting the Yoga Session online.



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NATIONAL SERVICE SCHEME (NSS) UNIT - I & II



Title of Activity: World Environment Day

Date and Venue: 5th June, 2020 College Campus

Description of Event: World Environment Day is the most renowned day for environmental action. Since 1974 it has been celebrated every year on 5th June; engaging government departments, businesses, celebrities and citizens to focus their efforts on a pressing environmental issues. On 5th June, 2020 "World Environment Day" was organized by sapling of trees at our college premises. Dr. Grijja M. Yabannavar, Principal, Chief Guest Prof. Shanta S. Patilkulkarni, Associate Professor, Dept. of English, NSS Officers Dr. Rajeshwari M. Shettar, Programme Officer Unit-I Smt. Shakuntala S. Biradar, Programme Officer Unit-II and all other staff members are involved in the program



- 1) Principals
- 2) Staff

NSS Prog. officer



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NATIONAL SERVICE SCHEME (NSS) UNIT - I & II



Title of Activity: COVID Test

Date and Venue: 17th December 2020 College Premises

Description of Event: Organized COVID Test for the 3rd time on 17th December 2020 for the staff members and the students. The test was conducted by District Health Officer, Dharwad.



Dehalla
NSS officer

Principa
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NATIONAL SERVICE SCHEME (NSS) UNIT - I & II



Title of Activity: Rashtriya Tobacco Awareness Programme

Date and Venue: 23rd December, 2020

College Premises

Description of Event: Organized Rashtriya Tobacco Awareness programme on 23rd December 2020. Shri. M. J. Kallappanavar, District Advisor, Tobacco Cessation Centre (TCC) Dharwad, from DC Office Dharwad, was the resource person. Principal Dr. Girija M. Yabannavar, had given the presidential remarks. All teaching, non-teaching staff members and students participated in the programme. Welcome address by Dr. Rajeshwari M. Shettar. Vote of thanks by Smt. Shakuntala S. Biradar. Every year on 31st May, the World Health Organization (WHO) and Global partners celebrate World No Tobacco Day (WNTD). This programme is an opportunity to raise awareness on the harmful and deadly effects of tobacco use and second hand smoking exposure. The main objective is to investigate an association between the awareness about the effects of tobacco consumption on oral health and the likelihood of smoking among male.



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NATIONAL SERVICE SCHEME (NSS) UNIT - I & II



Title of Activity: NSS Day Celebration

Date and Venue: 26th September, 2020 College Premises

Description of Event: NSS Day Celebration. Resource Person: Prof. Shanta S. Patilkulkarni, Ex-NSS Officer, Dept. of English. President: Dr. Girija M. Yabannavar. The National Service Scheme is a public service program conducted by the Ministry of Youth Affairs and Sports. Every year, NSS Day is observed on September 24th across India. The National Service Scheme was launched in 1969, the birth centenary year of Mahatma Gandhi in 37 Universities involving 40,000 students.

The Nation witnessed a great loss as Union Minister, Shri. Suresh Angadi passed away on 23rd September 2020 and on his sad demise, we celebrated NSS Day on 26th September 2020. The celebration started with planting the sapling. Dr. Rajeshwari M. Shettar, welcomed the staff and gave the introductory speech. Vote of thanks by Smt. Shakuntala S. Biradar.



(1) *Shantika*
(2) *Shantika*
NSS Day officer

Geeta
Principal
S.H.A. S. Samiti's
Smt. K. S. Jigalur Arts and
Dr. (Smt) S. M. Sheshgiri Com
College for Women, Dharwad



Shri Hurakadli Ajja Shikshana Samiti's
Smt. K. S. Jigalur Arts and Dr. (Smt.) S. M. Sheshgiri Commerce
College for Women's, Dharwad



NATIONAL SERVICE SCHEME (NSS) UNIT - I & II



Title of Activity: COVID -19 Vaccinations for students and staff

Date and Venue: 30th June, 2021 College campus

Description of Event: Organized COVID-19 Vaccination Drive for students and staff in association with District Administration (DHO), Dharwad, Department of Health and Family Welfare, Government of India. 10 Staff members and 96 students were vaccinated.



Geef
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Shri Hurakadli Aija Shikshana Samiti's
Smt.Kallawwa Shivappaanna Jigalur Arts &Dr. (Smt) Sushila Murigeppa
Sheshgiri Commerce College for Women, Dharwad
Language Association & Student Welfare Association jointly organized
Seminar on "Beti Bachao and Beti Padoo" by students for the year 2020-21
31/08/2021



Objectives:

1. To make students courageous and develop confidence.
2. To enable the students to gain knowledge and speak.

Student Seminar was organized by Language and Student Welfare Association on the topic "Beti Bachao and Beti Padoo", where in the students spoke on this initiative started by Prime Minister to generate awareness and improve the efficiency of welfare services intended for girls in India. The scheme was launched in 2015. The aim of the campaign is to improve the sex ratio and stop female feticide and infanticide.



Gany
Principal
S.H.A.S. Samiti's
Smt. K. S. Jigalur Arts and
Dr. (Smt) S. M. Sheshgiri Commerce
College for Women, Dharwad

**Shri Hurakadli Ajja Shikshana Samiti's
Smt.Kallawwa Shivappa Jigalur Arts &Dr. (Smt) Sushila Murigeppa
Sheshgiri Commerce College for Women, Dharwad
Alumni Association & Student Welfare Association jointly organized A
Special talk for the year 2020-21
01/09/2021**



Objectives:

1. To encourage the students to know about their rights.
2. To enable the students to gain knowledge and speak when the need arises.

A Special talk was organized by inviting our Proud alumni Smt. Basamma Hosamani, an Advocate practicing in Dharwad. Speaking on the occasion, the speaker said that we all should know about our rights. These rights are the rights and entitlements claimed for women and girls worldwide. They are human rights and we all are entitled to them. They include the right to live free from violence and discrimination, to enjoy the attainable standard of physical and mental health, to be educated, to own property, to vote and to earn an equal wage.



Gay
Principal
S.H.A.S. Samiti's
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Dr. (Smt) S. M. Sheshgiri Commerce
College for Women, Dharwad