



Shri Hurakadli Ajja Shikshana Samiti's
Smt. K. S. Jigalur Arts and Dr. (Smt.) S. M. Sheshgiri Commerce
College for Women's, Dharwad



NOTICE

All the Staff Members and students are hereby informed that, Progressive Women's Association and NSS Units Jointly Organized A Special Lecture Series on "Health, Diet & Nutrition". Topic for Session II "Strategies for coping-up with Physical & Psychological Health: Post COVID Time" on 16th January, 2021. Kindly attend the same.

Dr. Rajeshwari M. Shettar
NSS Officer

Dr. Ashvini S. Patil
Convener, Progressive Women's Association

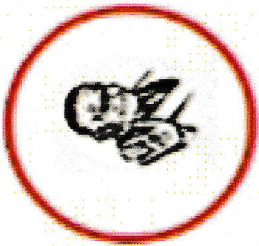
Dr. Girija M. Yabannavar
Principal

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Dr. (Smt) S. M. Sheshgiri Commerce
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P. S. Abbigazi



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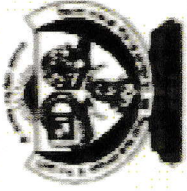
Sbri Hurakadli Ajja Shikshana Samitti's

Smt.K.S.Jigalur Arts and Dr.(Smt.)S.M.Sheshgiri Commerce College

for Women, Dharwad, Karnataka

(Re-Accredited at "B" Level by NAAC)

College with Potential for Excellence (CPE) – UGC



PROGRESSIVE WOMEN'S ASSOCIATION & NSS UNITS

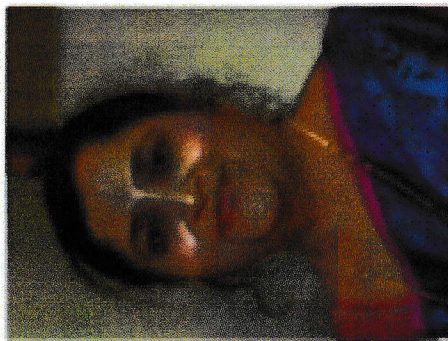
Jointly Organize

A Special Lecture Series

On

HEALTH, DIET & NUTRITION

Session-II- *Strategies for coping-up with Physical & Psychological Health: Post COVID Time*



Resource Person

Dr. Renuka Meti

Associate Professor and Chairperson,

Department of Food Processing and Nutrition

Karnataka State Akkamahadevi Women's University, Vijayapura

**Date: 16th
January, 2021
Time: 12 noon**

Smt. Shakuntala S. Biradar

NSS Prog. Officer, Unit-II

Dr. Rajeshwari. M. Shettar

NSS Prog. Officer, Unit-I

Dr. Ashvini S. Patil

Convener,

Progressive Women's Association

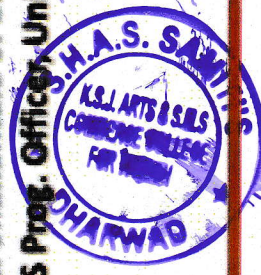
Guest
Dr. Girija M. Babannavar

Principal

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ALL ARE CORDIALLY INVITED



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Progressive Women's Association and NSS Units

Jointly Organized

A Special Lecture Series on

“Health, Diet & Nutrition”

Session – II : “Strategies for coping-up with Physical &

Psychological Health: Post COVID Time ”

On 16th January, 2021

PROGRAMME LIST

1. Prayer : Students
2. Welcome and Introduction : Dr. Rajeshwari M. Shettar
NSS Officer
3. Chief Guest : Dr. Renuka Meti
Associate Professor and Chairperson
Department of Food Processing and Nutrition
Karnataka State Akkamahadevi Women' University,
Vijayapura
4. Presidential Remark : Dr. Girija M. Yabannavar
Principal
5. Vote of Thanks : Dr. Ashvini S. Patil
Convener, Progressive Women's Association



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NATIONAL SERVICE SCHEME (NSS) UNIT - I & II



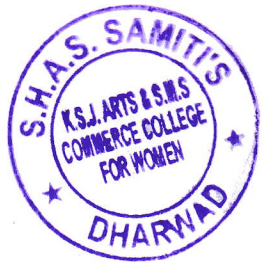
Title of Activity: Special Lecture Series

Date and Venue: 16th January 2021

Description of Event: NSS Units of our college organized a special series on “ Health, Diet and Nutrition” on the occasion of Youth Week. Topic : “Strategies for coping up with physical and psychological health”. Resource Person : Dr. Renuka Meti, Chairperson, Dept. of Home Science, Karnatak, State Akkamahadevi Women’s University, Vijayapura. President , Dr. Girija M. Yabannavar, all teaching staff members and NSS Volunteers were present at the function.



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For Women Dharwad

Progressive Women's Association and NSS Units
Jointly Organize
A Special Lecture Series on Health, Diet and Nutrition

Session II – Strategies for coping up with Physical and Psychological
Health

Date: 16/01/2021

ATTENDANCE SHEET

SI No	Name of the Student	Class	Signature
1	Nagaveni R. M	BA-I	NRM
2	Chaganna-Cadda	BA II	Chaganna
3	Bharati. N. Patil	B.A-I	B. N. Patil
4	Ranjita. M. Radder	B. A II	Ranjita
5	Mahikya. S. Tangamath	B. Com II	Mahikya
6	Uma. R. M.	B. COM II	Uma
7	Pooja. M. Bhalani	B.A I	PMB
8	Nikita R. mane	B. Com II	Nikita
9	Deepa B. Bombimath	B. Com II	Deepa
10	Sudhamani. G. M. Chohar	B.A-I	Sudhamani
11	Prerna. M. Ti	B.A II	P.S. M. Ti
12	Sahana S. Yebannavar	B. Com III year	Sahana
13	Pratibha. P. Barag	BA-I	Pratibha
14	Shreedevi. M. Parvata Gowder	B.A II	Shreedevi
15	Vaibhavi. P. She	BA-III	V. S. P. She
16	Pushpa. M. Parvathad	B. A-I	Pushpa
17	Vijayalaxmi Kotahar	BA II	V. S. K
18	Kavita. M. Yarg	BA-I	Kavita
19	Suma. R. Kurugund	BA-II	Suma
20	Babita. G. B	B.A I	Babita
21	Megha S. Choudhari	B. A. II year	Megha
22	Kavya patil	B. A. I	Kavya
23	Surekha. Malakatti	B.A. II year	Surekha
24	Amruta. M. Hundekar	B. Com III year	Amruta
25	Soumya. A. Wagh	B. A - I	Soumya
26	Devamma. Y. Kuri	B. Com III year	Devamma
	Rukhsana I. Gaudergawad	BA II year	Rukhsana



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28	Padmavati Jinnappanavar	BA - I	Padmavati
29	Arshavarya Ayath	BA III	A. S. Nyathi
30	Deepa Bhoji	BA III	Deepa
31	Mamata Mattigatti	B.A. - I	Mamata
32	Kaveri Hegar	BA III	Kaveri
33	Sonarra Pujar	BA III	Sonarra
34	Laxmi. B. Jogannavar	BA 2 nd	Laxmi
35	Sushma Sambannavar	BA III	Sushma
36	Suna. S. Kenchanagoudra	B. Com II	Suna S. K
37	Vidya Chikkabagoudra	BA III	Vidya
38	Anita. C. Vaganavara	B. A I st	Anita
39	mayarra. Daddanai	BA III	mayarra
40	Laxmi Hampannavar	BA II nd year	Laxmi
41	Shantana Kurubor	BA III	Shantana
42	Shweta Patil	BA III	Shweta
43	Kavita. D. Bilakara	B. A. I st	Kavita
44	Savitri Lakkipuvar	BA III	Savitri
45	Anushree. C. Munenalli	BA I st	Anushree
46	Laxmi S. Lakkappanavar	B. Com II nd	Laxmi
47	Priyanka. G. chikkamath	B. Com. I	Priyanka
48	Padmavati. S. Hattalamani	B. Com II	Padmavati
49	mayale. Nyalagoud	BA III	mayale
50	Priatibha. S. Jesai	B. A I st	Priatibha
51	Sushma. Santannavar	BA III	Sushma
52	Vijayalakshmi. Kitageri	B. Com I st	Vijayalakshmi
53	Pooja Delli	BA III	Pooja
54	Gangava. H. Mugali	B. A. I st	Gangava
55	Poojima C. Mallapur	B. A II nd year	Poojima
56	Shahda Kazi	BA III	Shahda
57	Sauketla. S. B	B. Com II nd	Sauketla
58	Taraxi Madar	BA III	Taraxi
59	Dyanavree. V. Budanur	BA I st	Dyanavree
60	Ratna Tamiger	BA III	Ratna
61	Sumapathi	B. Com II	Sumapathi
62	Shweta. Patil	BA III	Shweta
63	Sunita. Hoolagannavar	B. Com III	Sunita
64	Siddharva. V. Budanur	BA I st	Siddharva
65	Laxmi Pujar	BA III	Laxmi
66	Divyashree Shinde	BA II nd year	Divyashree
67	Shaheen Kalledor	BA III	Shaheen
68	Megha. S. Jalnar	B. Com II nd	Megha
69	Kaveri Bergeri	BA III	K. P. Bergeri
70	Lakshmi. K. Todekar	B. Com II	Lakshmi

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71	Pooja K. Shisanallu	B. Com II	AKP
72	Swati. A. Palankar	B. Com II	Swati
73	Keerti. K. Bandi	B. Com II	Keerti
74	Dr. Hanumantham	B. Com II	Keerti
75	Soumya L. Beunamcarad	B. Com II	Soumya L B
76	Sumitra. N. Badad	B. Com II	Sumitra
77	Yallavva Byali	B. A II	Y. S. Byali
78	Heena. S. Dulcandor	B. Com II	Heena
79	Shirpa. A. Analikatti	B. Com II	Analikatti
80	Ranjita. V. Khavrayi	B. Com II	R. V. K.
81	Sushma M. Muttagi	B. Com II	S
82	Pauitara G. Halavrad	B. Com II	P. G. H.
83	Pradibha. N. Patil	B. Com II	Prad
84	Veena f. Modalagi	B. Com II	V. Modalagi
85	Sejata. y. Tasmannavar	B. Com II	Sej
86	Basamma. m. Gaddekar	B. Com II	B. Gaddekar
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