



Shri Hurakadli Ajja Shikshana Samiti's

SMT. K. S. JIGALUR ARTS & DR. (SMT) S. M.
SHESHGIRI COMMERCE COLLEGE FOR WOMEN,
DHARWAD



DEPARTMENT OF PHYSICAL EDUCATION

Title of Activity: Celebration of International Yoga Day

Date and Venue: 21st June 2017, College premises

Description of Event: On 21st June 2017, Department of Physical Education and NSS Units organized the celebration of **International Yoga Day** in the college to create awareness among the students about the benefits of Yoga. The programme started with the prayer by staff and students. Dr. Nirmala M. Hiregoudar, NSS Programme Officer Unit – I, welcomed the gathering and introduced the chief guest. She spoke on the importance of Yoga in day to day life. **Shri. Somanath Dandavati, Yoga Guru** was invited as the chief guest. He addressed the students regarding the importance of Yoga and the habits to maintain good health. He stated that, “practice of Yoga and meditation would help in improving physical, mental health and increase the intellectual abilities of a person.” Shri. S. G. Patil, Treasurer, Shri Hurakadli Ajja Shikshana Samiti, Dharwad, was invited as guest. Dr. Rajeshwari V. Sali, Principal, gave the presidential remarks. Smt. Shakuntala S. Biradar, Physical Director, gave the vote of thanks. Smt. Shanta Patilkulkarni, NSS Programme officer, anchored the programme. Shri. S. H. Gundagatti, Principal, PU College, Shri. B.S. Annigeri, Administrator, Shri Hurakadli Ajja Shikshana Samiti, Dharwad and Smt. Ushadevi Kohalli presided over the function. The programme ended by singing the National Anthem. Yoga *asanas* were performed by the students and staff members. Initially, Shri. C. G Hiremath, Rtd. Physical Director and Yoga Master, was invited as the chief guest. But due to, some inconvenience, he could not attend the programme. Hence, alternate arrangement was done and Shri. Somanath Dandavati was invited as the chief guest and presided over the function.



Principal



Shri Hurakadli Ajja Shikshana Samiti's

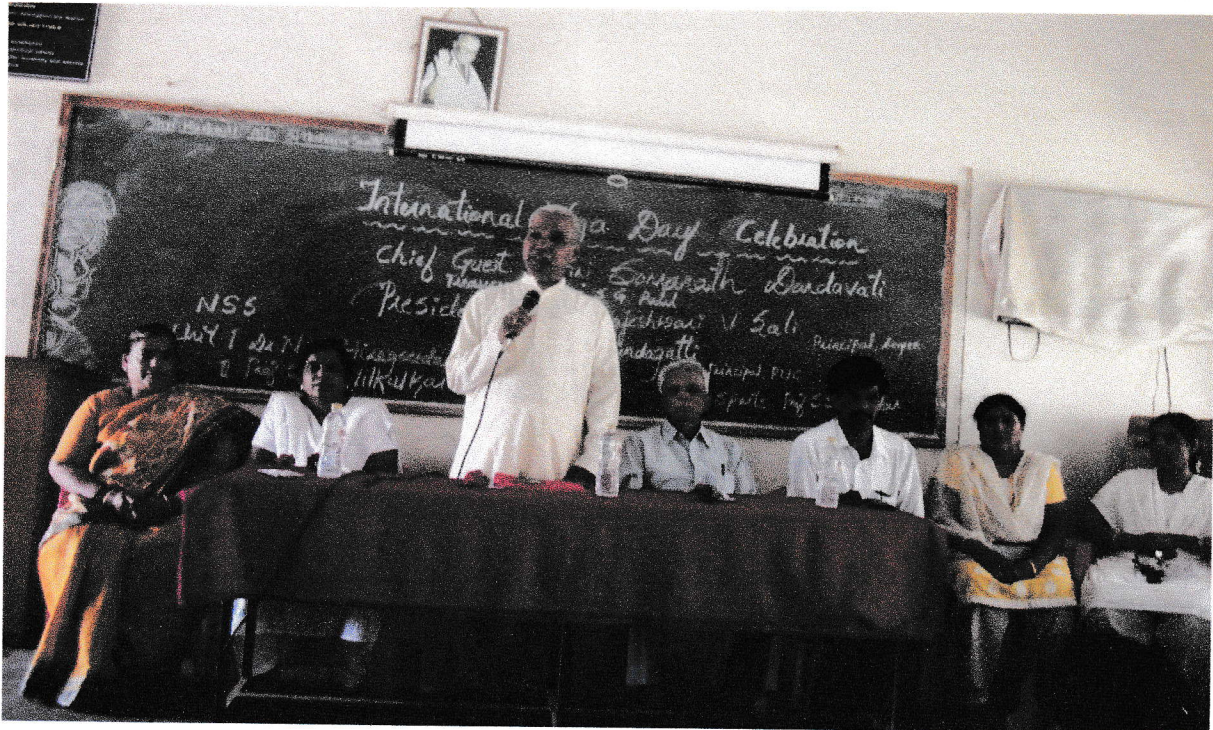
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Shri. Somanath Dandavati, Yoga guru addressing the gathering





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Smt. Shakuntala S. Biradar, Physical Director, gave the vote of thanks.



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S.H.S. SAMITI'S
S.M. ARTS & S.M.S.

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Smt. K.S. Jigalur Arts & Dr.(Smt) S.M.Sheshgiri
Commerce College for Women, Dharwad
CELEBRATION OF GANDHI JAYANTI
ON 2ND OCTOBER

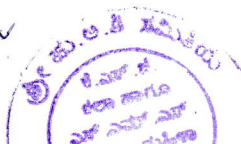


Every year on account of Gandhi Jayanthi our College has a rich tradition of doing 'Sarva Dharma Prayer' which emphasizes the Unity of All Religion. We have a healthy practice of reciting some chapters from 'Bhagvad Geeta, Bible and Quran on this occasion.

N.S.S.Programme Officer Prof. Shanta Patilkulkarni explaining the importance of 'Sarva Dharma Prayer' on the occasion of 'Gandhi Jayanthi' Our volunteers presented favourite bhajans like 'Raghupati Raghava Raja Ram, Vaishnav Jana To Tene' etc.



[Signature]
 N.S.S prog officer



[Signature]
 Principal
 Smt. K.S. Jigalur Arts and
 Dr. (Smt) S.M. Sheshgiri Commerce