

**Best practice No. 1**

**Title of the practice : Morning Assembly**

**Goals :**

- To develop feeling of unity among students
- To inculcate moral and ethical values among students teach core values about life.
- To build confidence to share their ideas in front of large group
- To prepare students to develop the art of presentation

**Context :**

Need to create feeling of oneness and patriotism. Need to empower girls by motivating them to share their ideas on various important topics and broaden their knowledge.

**Practice :**

Every day morning assembly is conducted for 20 minutes from 9-10 am to 9-30 am. Assembly begins with Karnataka State Anthem - nadageethe of Kuvempu's "Jai Bharaha Jananiya". It is sung in chorus by all the students. Every day one student present 'Thought for the day' and also explain meaning of the thought for a day which gives a positive opinion to start the day with inspiration and encouragement throughout the day.

Student delivers a talk on important topic for 5 minutes. Important announcements regarding cultural activities, sports or examinations are made during assembly. Achievements of students in sports or any other intercollegiate competitions are highlighted during assembly. This encourages the students to participate and achieve. Assembly ends with the National Anthem.

Students speak on various topics which enables the students to learn something new every day. This enhances reading and speaking skills and also updates the knowledge of the students. This also encourages them to collect information by reading books, journals, news papers, internet surfing etc. Vice President of gymkhana and Physical Director monitor the morning assembly session. Faculty members guide the students in selecting the topic and making presentations.

**Evidence of success:**

- It has improved their communication skills and developed their confidence by speaking and sharing their ideas.
- It is found out that students abilities on general knowledge has increased.

**Problems encountered :**

During pandemic we could not assemble all the students at one place.

  
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## Best practice No.2

**Title of the practice : Regular conduct of Inter-collegiate Sports**

### Goals

1. To instill students with healthy competition
2. To maximize potential for developing skills such as team work, leadership, fair play qualities,etc.

### Context:

While academic play a significant role, sports related activities are also important in shaping personality of students. Students not only stay fit and healthy by actively participating in sports but they also learn effective ways to handle pressure

### Practice :

Every year our college organizes intercollegiate sports events. In 2018-19 our college hosted Athletic meet of Akkamahadevi Women University. Our institution made proper arrangements for all the events. Our college has made use of stadium which is very near to the college.

It has athletic track and can accommodate all the events. Total 241 students participated in various events.

### Evidence of success:

The encouragement of the students for sports made our college students to win Runner-up trophy. Two students emerged as University blues. These students participated in 79<sup>th</sup> Akhil Bharat Inter-University Athletic meet held at Mangalur University.

Regular practicing sports developed fitness habits and build skills such as leadership, confidence, teamwork etc. Students learned to manage time between their lectures, sports and personal life.

### Problems encountered :

Actively involved sports laurels expect sufficient time span along with coach so as to equip themselves to compete various sports competitions. Financial constrain to pay the honorarium to coach.

  
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